

September is NOVA SCOTIA POLISH HERITAGE MONTH!

Hashtag #WitamNS (“Witam” means welcome!)

For the full calendar, updates, and new additions please consult our
Nova Scotia Polish Heritage Month website regularly! PolishMonthNS.ca

PUBLIC HEALTH PROTOCOLS WILL BE IN PLACE FOR ALL IN-PERSON ACTIVITIES.

THROUGHOUT THE MONTH:

- At selected events, we will have free raffle tickets to win a unique gift basket with acclaimed books by Polish Nova Scotian authors, including popular novels, cookbooks, and books on history and community development!
- The Good Food Bus (Cape Breton) – nutritious Polish recipe cards and samples of the month’s featured herb – lubczyk (lovage), while supplies last.
- The Coast Radio – weekday Polish heritage segments presented by the St. Michael’s Polish Benefit Society (3:50 and 7:50 p.m.).
- Special NS Polish Heritage Month menu item at all Flavor restaurant locations in Sydney.
- Mahone Bay: The Kitch’Inn B&B is partnering with local restaurants to offer a Polish Getaway Package, which includes a voucher. The Saltbox Brewery is creating a special Polish-inspired honey lager, named in honour of this year’s featured Polish Nova Scotian author William Kowalski: Details at: polishmonthns.ca/mahone-bay-getaway/
- Cape Breton University Beaton Institute – series of Facebook profiles on unique photos of Cape Breton’s Polish community from the extensive archival collection.
- Halifax Central Library: Polish books display on the 4th floor and “Celebrating Culture” webpage with activities, information, videos, crafts.
- Baddeck Public Library, Cape Breton: Extensive book display, as well as free Polish craft kits, pisaniki sleeves (to decorate eggs), and free colouring books while supplies last!
- NSCC Truro Campus Library – month-long feature of Polish Canadian and Polish Nova Scotian authors, coordinated by Principal Lech Krzywonos.
- Royal Nova Scotia Yacht Squadron will be flying the Polish flag.

DAY-BY-DAY:

Wed, Sept. 1: Release of official video for Nova Scotia Polish Heritage Month by the Honourable Arthur LeBlanc, Lieutenant Governor of Nova Scotia: www.facebook.com/LtGovNS/.

(Sept. 1 marks the 82nd anniversary of the invasion of Poland and the start of World War II. We invite everyone, in a manner inspired by your own tradition, to pray for peace and an end to all forms of hatred.)

Fri., Sept. 3, 7 p.m.: Song-writing circle on Zoom. Help us complete a Polish translation of the beautiful Natalie Sleeth hymn “In the Bulb there is a Flower” – or just drop by and listen in! Free registration (tom_urbaniak@cbu.ca). Thank you to Hope Publishing for

its permission for this project and to Kasia Jones for the first draft!

Sat., Sept. 4, 12 noon: Wreath laying at Polish Emigration Memorial Monument (Pier 21).

Tues., Sept. 7, 4:35 p.m.: NS Polish Heritage Month theme on the “People’s School” (CBC Radio Mainstreet Cape Breton).

Fri. Sept. 10, 4 p.m. to 7 p.m., and Sat, Sept. 11, 10:30 a.m. to 2:30 p.m.: Public viewing of Jo-Ann Dziubek MacDonald’s exhibit at the Polish Village Hall. 972 Victoria Road, Whitney Pier. Free admission. Hosted by the Pogoria Polish Folk Ensemble and the St. Michael’s Polish Benefit Society.

Sat., Sept. 11, 11 a.m. to 2 p.m.: Take-out Polish dinners at St. Mary’s Polish Church; \$10 each. Pre-purchased tickets required; no sales at door. Please e-mail tom_urbaniak@cbu.ca or call 902-563-1226.

Mon., Sept. 13, 6 p.m.: Polish food sampling at the Budapest Bisztró, Halifax. Limited capacity; public-health protocols; \$30. To reserve a place, please e-mail pcsns.chair@gmail.com.

Wed., Sept. 15, 10:30 a.m.: Nova Scotia Polish Heritage Month Lecture in English by Zoom (“Leadership, Health, and Communities”) with Dr. Roman Szelemej, MD, Mayor of Walbrzych (twin city of the Cape Breton Regional Municipality); introduction by Amanda McDougall, Mayor of the Cape Breton Regional Municipality. To register: tom_urbaniak@cbu.ca.

Wed., Sept. 15: Deadline for the “Moja Polska” creative contest: Share a song, poem, or other creative piece. Details www.facebook.com/polskaNS/. Open to everyone. You don’t have to have a Polish background.

Thurs., Sept. 16: Polish pastry evening at Lobster Pound and Moore, North Sydney. Try decadent paczki and faworki (for dine in) with blueberries freshly picked from Ron Hiscock’s High Bush U-Pick in George’s River and from Port Morien.

Fri., Sept. 17, 10:30 a.m. to 11:30 a.m.: Free workshop on “Documenting Immigration: How to Preserve Your Family’s Memories”. Jane Arnold, director of the Beaton Institute, will use examples from the Beaton’s extensive Polish Cape Breton collection. Join by Zoom. To register: tom_urbaniak@cbu.ca.

Sat., Sept. 18, 11 a.m. and 2 p.m.: Puppet shows by local groups featuring Polish folk legends, Halifax Central Library. Free admission; limited seating.

Sun., Sept. 19, 10:30 a.m. to 12 noon: “Historic Polish Homes of Cape Breton” – exhibit by artist Emily Sheppard, St. Mary’s Polish Church. Free admission. The images will be used to create a future mural. Do you have other homes to suggest? Simultaneous book signing by William

Kowalski, author of “The Best Polish Restaurant in Buffalo”; featured Polish Nova Scotian author for 2021.

Mon., Sept. 20, 6:30 p.m.: Film Screening (theme: conscience and resistance): “Poletown Lives”, Boardmore Playhouse, Cape Breton University – free admission. An acclaimed film on a community that tried to resist forced relocation. Hosted by CBU Tompkins Institute and St. Michael’s Polish Benefit Society.

Tues., Sept. 21, 2 to 3:30 p.m.: Polish recipe roundtable at the McConnell Library, Sydney. Hear some original recipe tips! Special reading by featured author William Kowalski. Copies of the St. Mary’s Polish Parish Cookbook will be available. Pre-registration required: tmacneil@cbrl.ca.

Thurs., Sept. 23, and Fri., Sept. 24: Craft and cooking workshops with the Whitney Pier Boys and Girls Club (Whitney Pier Youth Club)

Sat., Sept. 25: Polish Day at the Halifax Central Library. Displays, crafts, 1 to 4:30 p.m. in the Paul O’Regan Hall. Film screening of the acclaimed film “Cold War” (with English subtitles) from 2:30 to 4 p.m.

Mon., Sept. 27, 6:30 p.m.: Film screening (theme: resistance and conscience) of Andrzej Wajda’s acclaimed film “Man of Marble” (with English subtitles), Boardmore Playhouse, Cape Breton University. A fictional but realistic, fast-paced account of a 1970s journalism student who discovers hidden secrets of the Communist regime. Hosted by CBU Tompkins Institute and the St. Michael’s Polish Benefit Society.

Wed., Sept. 29, 10:30 a.m.: Walking tour of “Kolonia” and design workshop for a future Polish “pocket park”. Meet at the corner of Victoria Road and Franklin St, Whitney Pier.

Wed., Sept. 29, 7:30 p.m.: Live virtual tour on Polish immigration experiences, hosted by Pier 21 (Canadian Museum of Immigration). More information to follow on PolishMonthNS.ca.

Thurs., Sept. 30: No activities in order to allow for reflection in honour of the National Day for Truth and Reconciliation.

Throughout the month, please follow the Facebook pages of the Polish Canadian Society of Nova Scotia, the Polish Village Hall (St. Michael’s Polish Benefit Society), St. Mary’s Polish Parish, and the Atlantic Canada District of the Canadian Polish Congress.

More on the activities: PolishMonthNS.ca

